

## Lloyd Frost - Biography

Lloyd Frost is a Canadian filmmaker, singer-songwriter, travel writer/photographer and physician.

'Social commentary with a groove' is a recurring theme in his songs and short films. The latter are shot on location specific to the subject matter, and have screened internationally at film festivals. His initial short films were not neatly categorized: festivals might regard the same film as a music video, art film, doc or simply a short.

His multiple award-winning 2013 film **In Everyone's Eyes (en todas las miradas)** and the more pointed director's cut **In Everyone's Eyes – El ultimo!** (2018) are poetic, slyly subversive looks at the absence of free speech and human rights in Cuba. The titular song was recorded in Canada and Nicaragua, co-produced by famed Nicaraguan singer-songwriter Luis Enrique Mejia Godoy, now living in self-imposed exile in Costa Rica.

**The Sun Is Rising** (2015) asks if there is a key to talking about armed conflict and terrorism attacks.

His latest **The Berlin Waltz** (2024, 17 min) is a historical fiction film about a courageous couple in Stasi-controlled East Berlin during the totalitarian GDR period. Themes of treachery, control and reunification imbue the slyly surreal and musical story.

His debut album **The Sun Is Rising & Other True Stories** with genre-crossing tracks was released October 2015 at SAW Gallery in Ottawa with a filmed live performance and a concurrent month-long exhibit of his film-related images at Vistek, Ottawa.

Lloyd's travel articles and photographs from Cuba to Singapore and around the globe have been published in The Globe and Mail, The Boston Globe, The Montreal Gazette, The Sydney Morning Herald and other newspapers.

Lloyd was born and raised in Montreal. His first paid publication was a letter to the editor in an Archie comic book. He quit classical piano lessons when he was twelve, and taught himself guitar at sixteen to write songs. His formative influences include Paul Simon, Pete Townsend and Leonard Cohen. He received his medical degree and specialized in psychiatry at McGill University where he was Chief Resident in the Department of Psychiatry at the Montreal General Hospital. He lives in Ottawa and travels extensively.